### A Blindfolded Pool

My hand weighs heavy clamped between my teeth Testing the strength of tainted bones in my mouth The burn shall remain, the teeth shall pierce skin But the weakness will prolong unnecessary pain When an illuminating presence can liberate Alleviating burdens, weights of overused complaints The torch in another's hand has led me hitherto Dominating every movement of posititve progression To blind the eye could sever the brittle bone To remove the patch would release the latch Where an open mouth would no longer crunch But exposure to the elements could erode If the hatch could never engulf the fly If the watch stopped before the final try The lid weighs heavy upon idle tissue in my eyes Hiding from the scorching flame of potential torture The heating proximity radiating possible lies But the warmth soothing the blinded unlit picture Creeping out through cracks in the darkened panes Where rays sneak behind past the masked mind Into the pool of sparkling chandeliers stored and kept That so often were drowned by the tears I have wept

#### A Celebration

Ten thousand ceremonies A celebration of disease Strolling on the stream, the sun condemns In the freezing breeze of day Dying out again behind the cloud cover Like the fire and the graceful firestarter In the shaded room where one sups the cup A glass container, ice and coca-cola And the freebie cup of tea From the proprietor who I thought didn't care

A thousand dwelling rooms From a restaurant to a school The bill lies on the table The docket's lost personality Remains irreplaceably ugly Discovered in a smutty bar -The homeliness of frienship Bonded by time and trouble A secondary bond, perhaps loyalty (Thankfully it burns stronger than water For what then would be left for me?)

Among their chatter The catching aura The long forgotten insult, A lingering faux pas Caught in the wings of the splattered fly Whose gooey corpse hangs from the sticky paper Lifeless and irrelevant, apologetic races (She didn't know how much I didn't mean it)

In the sweaty scabbard, he tells a story of one's life Most at home here, most to reason Most at ease in one's own tune And what do I show? Zilcho silent everythings!

In the darkened sun of mid-afternoon And the bitter wind that blows I sigh a sad melody Hissing a battering beat No books, not a medium Just the flow - on and on It goes

Tired and sleepy The style loses control As the head bangs the bong The heart clangs in the lung Puffing cuts alight The pessimist condemns Useless in one's midst Better left behind Sick and solitary Quiet, Sh! Silent The stream is lost

A million tables, wobbling and shaky

I place things to rest, to be consumed Showered with spoons To think the way they do To find out why The chest on the table Is too far off So why bother?

There is a solitude that comes to pass Onto the platinum of sheer loneliness Do more than herded fleas understand The permanence of shining artefacts Crouched and crunched in the rattle?

Shaking bosoms of blossomed breezes Carrying caverns of diagnosed diseases Projects designed and created en mass I speak of the lost cutting cavity Those who do not see the sunset From which I built my newgrange That tree is still tied and unfree -An annual celebration of my melancholy.

## A Cosmic Bethlehem

She might have to change the batteries Of the flying space craft Before I take another smoke

No room at the inn As I wander through a sandstorm, The Greek sun on fire The barren land inedible for sheep Schizophrenia put to sleep

Women in bikinis enhancing tans Men skinny-dipping

Cigarette throat making me sick Batteries in my walkman Reenergised by alien forces To fly me away into space Listening to music In a cosmic Bethlehem!

### A Father Fucker

It turned me on... Her father forcing her into sex with him Or did it turn me off? It sinks deep into my soul And I dream of her, Praying she's still alive And her spirit seems to be As far as I can feel

But why did it turn me on? To be abused by your father And I wanna reach out and protect her To live with your father To be fucked by your father To eat with your father And talk and smile with your father And your father is abusing you?

This girl went through it all She was raped over and over again She was beaten over and over again And we became good friends I was to help her escape I was to save her So she could live with someone Who wouldn't abuse her But would love her I wanted to be her friend But she wanted more And I felt more for her Than being her friend would bring I wanted to hug and hold her I wanted to love her

And over and over again I think of that image... The one where she is about nine And her father is fucking her on a table In front of his girlfriend I remember how it made me sick I remember how it gave me the shits

And is this girl still alive? Goddammit I hope so For I loved her And then she disappeared

The abuse of her Killed us And I will always think of her On the table Victim to her father's penis And her boyfriend's fists.

#### A Prayer

A prayer for the mentally ill then locked to their medication Psychopathological disorders, Chopped up pyromaniacal furnaces of ribbed hair and crimped skulls Battling within the bounded bump -The gooey red hill that labels the devil Winking his cunning know-you-wells

Manic depressive blurred vision Bastard music's polluted noises Schizophrenic behaviour, double voices It is dutch then but still more flashes Moonies in train stations As the virtual train knocks me down It is better to hush the puppy in order to visualise The demonic miracles called brilliance

## Armaggeddon only happened here

I remember the spiritual soldiers of Buddha Who were kicked off the city streets by the phony police And a couple of crippled goodness struck my peace Wishing I had the power to heal that disorder -For that couple were too sweet for this sewer

The mind works in mysterious ways Blocking out resistance of the super-normal Where cosmic phenomena shock the system -I could see the future in my brain -It was semi-cruel, half insane

I admit to knocking back the drugs To escape the last window of caramel When one survived on Mars bars and Coca-Cola Feeding Africa's outer Mongolia

Will I ever make it to the cherry Where east meets west under the one vest? J'espere que je le ferai!

#### All for Soup

Heartbreak exhaled The search for the empty cauldron began upstairs

This lonely companion germinated in this room Over time, a soul was consumed The granules were ground with the wooden spoon And smashed and beaten against tarred steal

From the bed to the garden The shadow pottered on shaky ground

Leaving the bedroom, she sneaks downstairs And silently out the door, she steps onto the road

Three a.m. Outdoors a world is imploring her Jumping to the beat of the drum She assumes her position and marches on

Past the signposted gateways, The trees whisper direction As balance becomes her compass. Each park, estate and avenue Titled purposely to guide her on her way

The monitoring moonshine, The stars sprinkling light -A supernatural hold-up. Obliged to inhale this tasty territory Where life exists right through to her fingers Like a y-stick's vibrations. Overwhelmed by awe She must not ignore the dominion So rising from her feet, She departs from the Esso station

Into the country, she races down the road to Harmony (A track that lacks a finishing line)

The beat must go on Pounding through the system

Over the bridge, she spies three rocks Her legs growing weary, She stops to rest on the twisted limestone

Up the hill, the rain trickles down Onto a slippy road, into the park, through the fields

Floundering but she goes, the pace never fading Her heart jumps and thumps her ribs Causing instant cessation The rain falls in dripping fear

Guided, she was, but now deluded She turns back, remembering the desire for soup She imagines the whiff like that of Bisto. She reaches for the door: Home. Upstairs again, she feels content Too fatigued to boil the broth She lies there, drained, in ease For this disease had given her satisfaction.

After all, the silhouette on the streets Had gone from an A to a sort of Z!  $% \left[ \left[ \left( {{{X_{\rm{B}}}} \right) \right] \right] = \left[ {\left( {{X_{\rm{B}}} \right)} \right] \right]$ 

### Barbarism

I get swept away by people I get green with jealousy Feeling I deserve better I get angry At the way I used to be Pretty old me In a mental institution My life is an institution But I can see change I have desire -My war against war Is raging in my veins I get angry With the killing spree

The potential to rape Is there since the ape But my rage is quenched As I walk this city Dying for people to see But it's fear and shame At their desire to maim That drives them mad And they get afraid. They get paranoid When they see my eye Walking the streets Looking at their feet

How dumb are we? Can we not see Barbarism? It's in front of you and me

I cling to fame, Hold on to lyrics.

Take me back So that I may begin My journey Where once the cuckoo Flew

Liberate my voice Untie my tongue Let me lick you all over Like a puppy About to be run over.

### Beautiful Triangles

The waves are decreasing, the frought fading, The winds dying, is the typhoon turning? No respite, recess might break the flack The changing of the tide kindles a suicide Not of the body or spirit or of the mind But kindles a suicide of an ecstatic kind

A total eclipse of the water and pond A total release from the frog and the spawn A division of soul to form a new peace A dexterity of vision in complete ease

The typhoon's tyranny has turned the tables From a game of roulette to Aesop's fables Full of promise, will and good fortune A bubbling infernoed volcanic eruption Releasing lava's laughing avalanches Conspiring to beautiful Bermuda Triangles

#### Before walking into HMV today

I took out a cigarette And was going to smoke it outside the store When my eyes met the eyes of a Hare Krsna Who was selling books And so I told him I want to be a Rastafarian And not a Hare Krsna (Though I have shaved my head every so often - to be a Rastafarian I must grow my hair and smoke dope) So I have to wait

We spoke of God and Consciousness And I bought a book called "Coming Back" from him His name was Mick and he wasn't such a fanatic which pleased me I have spoken to Krsnas before like you do with Mormons I have bought their books before

And so I went to the pub again Bought a pint of Carlsberg and smoked And read the book I was studying Reincarnation And I agreed with most of it Who knows? I may even chant... "Hare Krsna, Hare Krsna Hare Hare, Hare Krsna Hare Rama, Hare Rama Hare Hare, Hare Rama" But I find I am on God's level even without it

Then I looked back at my mad days, My schizophrenic days That started with my death on the armchair in this very sitting-room And as I read the book I remembered my "Coming Back" But I was still Mairead

Buddha, Krsna, Jesus, God I am all of them And they are everything and everyone I am near/in my last life Because in this life I am God I "Know" I "Am"

Can you understand me?

This book reassured me This book spoke of demigods and thinkers This book spoke of consciousness (I threw away this book afterwards) But I remember being Jim Morrison And I remember being Jesus And that Jim was a reincarnation of Jesus

Naturally I'm not sure, I can't prove anything It's just what I feel deep inside of me And well ye may laugh But I am a God-Head And you're laughing in the face of God If you're laughing at me Bisexuality, drink, drugs and God This is me! Blossom!

## Beyond Compare!

The black model Parades in a silver dress She stops half way down the catwalk To pose -She is grinning through her bright teeth And staring my way

It is the same damned grin As the Swede and the dancer Gripping me, tying me up My eyes are alight I'm engrossed in another moment Just like when I walked in on blond hair To find a smile and a gaze That can only amaze And keep me swearing Beyond compare! Beyond compare! **Bill Clinton** is so caught up in Northern Ireland's Troubles That he has forgotten about the Third World

The guerillas are letting the humanitarian aid in -It's about time I keep thinking my smoking is killing them And their thirst will never end

I worry about the hungry babies Feeding off their starving mothers' breasts That are so empty, no milk can be found within

Racist slurring from my filthy mouth Black skin is like leather -Only because they are made work so hard Only because they are slaves to white bastards

It is men who fuck up this world What are they afraid of? Being equal - Equality

Some rant and rave about being worried While others rant on about beating others This power struggle they endure is sad When violence is their only "cure"

There are those who "do not believe in violence" Yet they go home and scream abuse at us

The louder the voice, the harder the man The stronger the person - the beast he is

Shut your mouths Listen to Silence Hear Peace Just like a Whisper For one Quiet moment And Stop fighting over your self

Fight with yourself not another

He who does this Has most knowledge And Is The strongest

### Blast from the Past

There I was, travelling by bus Through the city streets My eyes delirious to passing shops My walkman in my ears blaring out My heart feeling the anguish Of Tori Amos' bloodshed lyrics

A flash of red grabs my attention A former feeling takes over me A cold shiver through me My heart suffers the old suspension My head is shattered by my reaction

Disbelief sets in Complete miscomprehension Anger at the drawing of the cold spear Fury to feel the fiddle of fear To still be feeling that within Sparked by the same ignition

A balloon of blue floats down A steel pin ready to prick A wall of protection one cell thick

My heart-strings have vibrated, My walls fallen for the very last time.

## Blossom!

Blossom my bud Germinate and bloom! My little sister May your bud flower In my blessed bedroom!

## Buddha

Buddha calls He sits in position And contemplates morality

The elevated mind understands the law While nature gives a show of magic

A foreign child Full of homely innocence Can put her trust in nature Age corrupts the mind The innocence of children Maintain the beauty of life

Buddha basks in the sun Allowing life to survive Without his awareness Of the revolving orb

## Depression

It creeps up behind When least expected It invades the mind When not suspected

Depression breathes darkness Through untouchable regions Encompassing the seven senses Including the unexplainable And his sister breeds The paranormal and supernatural

Depression reeks from matter Physical and psychological There is no release from Its permanent lowliness Once fallen to mystical Man-eating enslavery under Depression's foul spell

It stays deep inside Wherever you go It follows you around If you will not let it go

## Drugs

My mood never lifted Breakdown after breakdown The voices would not die Yet they are me "Don't do drugs", the doctor said And now I will quit to prove to myself Whether it is them or me that are at fault

Cigarettes are a dirty habit I don't need drugs to blow my mind Prescribed drugs fuck me up too... Melleril sedates and dopes Risperdal controls my thoughts Lustral elevates my mood Nothing is working

Here I am three and a half years on After binging and breaking out Still imagining the truth to be surreal

Alcohol, fags, ecstacy and speed This is the life of Mairead Meade Melleril, Risperdal and Lustral Which will free me? Which will?

### Femininity

Am I a boy Or Am I a girl?

Many times, in the Ladies People have questioned my gender Nothing could be more embarrassing To a girl who worships femininity

I grew my hair long Cos I wanted to look more like a girl I know my gender - I'm female But I really can't blame them They are ignorant To paint with an ignorant brush While their boyfriends laugh Simply because I'm not hetero And it shows

Believe me! I wanna be a girl I wanna wear dresses I wanna look stunning But I'm adrogynous Because of my situation

I was always a tomboy Playing football with my brothers And I have assumed many identities Both male and female

So basically, I'm a mixture A male in a female body A girl who likes girls Just a little more than she likes boys Because they have what she hasn't got -Femininity

## Fifth Gear

There is a stride that one reaches Like a motor car's fifth gear Motioned to cruise along It approaches and disappears Every 24 hour second hand year When it arrives It has a place and a purpose The point of compensation That one loves and hates For in its distasteful ugliness Lies an immeasurable delight It can gruesomely erase A lifetime of disease By one shift of the inner wrist One can bombard the bus Bounce onto the moto Whirring on alone In this cruising stride Swallowing petroleum Beyond the satiable In the whirr of fifth gear

### Gardens Grow

Trees swaying Fledglings crying Twigs shaking Wings breaking

Trembling, curling leaves Moving with the breeze Falling on the mud Shaded red like blood

Grass keeps growing Young birds wailing Light keeps shading Worms slowly wriggling

Predators fight A perilous plight It's food they crave Birds must be brave.

Winds betraying Leaves they are shedding Branches bending Roots, they are mending.

Grass will grow Trees will bend Winds will blow God will descend.

# GOD

God is a woman Not a goddess But a Woman Who makes men That fall from Her womb God is the Womb Where Man is made And born God is Womb-man,

Not the womb of man But the woman of mankind

### Half A World Away

I wait indoors ajar Friends becoming fewer and fewer Getting on with their lives While I am knelt before this altar Losing my all to be closer to you

I plaguerise myself For what can I say to her? What can make this meat taste of cow?

The bloom of May, a sunshiny day And my love, I bellow across the ocean To her, at her, for her. The sun shines half a world away

I want to swallow a piece of cardboard To engulf myself in a world once known to her, To familiarise me with what she once did think Do I need to swallow this?

And in one gulp, I am away Flying with the birds' hope Tripping through time's fear All to be closer to Sheri Yet Always Half a world away

#### Heaven

Ghostly shadows consume my soul Throughout the night, effortless breaths control The ruins of a mad existence from the past Too much, too late, too little, too fast

No control over this irresistable force Explosions of emotional fracas dominate Creeping in with the night - an endless course Travelling with it, the fever escalates Into my subconcious - a world of dreams Hitherto unaffected, now forever reflecting My love shivering, dreams delivering The beautiful drama of the love I contain

Spiritual whistles of magical reverance Incessant cravings for hope and deliverance As I awake from the Garden of Eden Where I lay in my lover's arms - Heaven

## I could cry tonight

I am all alone with my illness Noone to love and fondle Noone to touch me Noone for me to touch

When I am awake he is asleep When he is awake I am asleep And is he enough?

True love in my brain

I believe in magic But when one is so alone That magic is concealed

And my family annoy me They think it is enough For them to smother me with love It is unwelcome When one sees the end And hopes for one last welcome From afar... distant love

I could cry tonight Starvation and loneliness

This is not enough

### I dream of mighty spirits

Walking around my room Dead relations at my bed Spurring me on

I hear the footsteps of Peter Outside my bedroom door Movements up and down the stairs As my bed makes love to me Like something from Dracula

A garbage can is knocked over In the garden outside Rebekah stands at my door Gun in hand As Daniel comes to my rescue

I thought you were dead I cycled to your aidInventing a door That was to be your home Where your grandfather lay dead

The girl who fucked the world And murdered at random Was in my head

I heard her scream in pain As the devil ate her heart And the virgin cried a river When God did deliver that Jesus Christ was dead

#### I have been sent to hospital

There I spent some time Allowed to go mad I thrived on my heartache I created an atmosphere Where all were young again

The needle went missing Tori Amos was singing I shaved my head for Madonna And Krishna consciousness

You do not understand God is The Mind His magic is kind But to watch a world go mad Would drive anyone insane

Rebecca and Daniel The Holy Bible They do incest Adam and Eve Woman was made from the rib of Man That is more than incest - asexual

Read the good news There is divine justice

God is a magician He is secular yet holy His church is Life and Death His home is Heaven and Earth

God is the ruler of all things His mind is a spinning-wheel of spirit His soul is cryptonite green

He is for real I get down on my knees

## I Want Him

Today I am lowly I am lonely I am tired of loving It's nothing! I hold onto dreams -I have lost my alter ego I have no love No cuddling No loving

Oh! To hold his hand Kiss his lips Touch him with a loving hand And consoling fingers

Oh! To hold my best friend's hand So I can feel what touch is So I can feel what love is So I can love a man So a man can love me The way I want him to The way we should be

He's all I have now And I'm afraid of losing him Should I tell him how I feel?

Now noone is in my life And what hurts most is Noone ever was Except him These past few years And I dream incessantly Of nothing But it was everything to me

He's my best friend And I want him to be my man To help me break free From the incarceration of this illness That told me I had love Schizophrenia's a pathological liar I never had anyone And now he's all I have I want him.

## I Want My Shit Back

Not knowing where to start I set off for a trek on the beach The same damned beautiful beach Where I watched my two friends swimming Now the memory feels more like a drowning

There is an ocean and a sunset, A photographer and passers-by

Every day is further into reality Away from my death-wish missions, The endless mysteries and untold sorrow

I awake to a heaven on Earth A picturesque paradise Of photographic sea portraits And natural beauties

From death and departure, Black back doors And bedroom boredom, I find what can be seen and felt and heard Walks in the country Touristic drives And happy holidaying

Yet I am not satisfied

I have laboured for love And fallen upon insanity I have peaked obsession's acme And landed on my own tragedy

I want my shit back So I can live free from my dementia

### In the Making

Touring the countryside disguised under a visor One can tend to roam without noticing the horizon The greatest observers overlook their invention That is rooted in the back of their minds Until the idea evolves and is processed sensibly

Intangibility is merely a time warp Ever present, but stored until formulation Transforming vapour into concentration Making the personification of an innuendo And all things connect in a mind gone psycho

#### It Was Not My Plan

Three things dig my mind One for the master, one for the dame The wretched night carries another In the bitterly sticky wind

Numb fingers, numb bits of bones I think of one, reflect on another A permanent crazy thing is missing

Driving on the frosted roads Rolling through the country Turning into the golden moon I can still hear babies croon

A breath through the windless afternoon So sharp is the weather Has there ever been a day so cold? Yet is doesn't really matter Harsher extremes plague the mind -How to leave this world of golden moons And enter the sun of Spring To hear the sounds of flowers singing And watch the trees budding After a summer like last year

Travelling a soultry voyage into the breeze Crusading through the temples into the dunes Listening to the ringing tunes of love in my ears As I sail in this aerated deep freeze Alone in my sister's company

It is not that I am distressed It is just sitting here so possessed Beside her that stresses me Why won't someone acknowledge me?

Some day this fight shall end Between the bitter and the cold The only trouble that remains, I cannot deny All that has truly happened To what I am indeed

All I can continue to say is I did nothing to create this -It was not my plan

#### Letter to my Mother

Dear Mother,

Why don't I work? Because every day if I avoid my brain, every night catches hold of me Nothing will escape me and I can not escape from IT "IT" is everything that revolves in my brain All my delusions and things I can't explain I am never alone for my thoughts plague me daily Every moment I am what you could deem crazy From the way my mouth moves and my TD To my delusions of grandeur and insanity

Every day carries a crown of thorns that cut my mind open Worrying thoughts and loss of concentration Every day is a bitch No day is like normal where it is possible to work No day brings peace of mind And you worry about me And I have to remind myself every other moment That I am schizophrenic And every other moment I forget why my thoughts are in disorder And every little task is a big task And every little thing is a big thing If only you could appreciate the effort it takes To leave the bed in the morning And when I go to work for two weeks It is all I can take Cos every night the problems build up in my brain And I don't have time to work through them So they will leave me be and I can find some peace

Every problem is a big problem Every worry is a big worry I am my schizophrenia now IT has taken hold of me And I have become IT completely

Love,

me

#### Listening to In The Name of the Father

It was cut short but now it is back on Playing music and typing at the same time is weird It is like I am typing for the music

I want to say thank you to all the stars Who brought me through Armaggeddon:

Sinead O Connor was the strongest Bono managed the microdot concept Nenah Cherry is saving the third world Tori Amos was my GodMama, Always looking after me, babyface me

Madonna is known for being Queen of the Universe, Goddess of the World - she loves God

Thank you for saving me

And to Drew Barrymore -Not only are you a screw But your the greatest actress, my age You know what it is like to be mad You know how to be when in "Mad Love" We should be best mates!

Jodie Foster -You are the best The Silence of You

Actors take the stage

I step into your mind-shoes To imagine as Daniel Day Lewis did What it really is like To be the person you imitate Even if only for a while

The English Patient and his morphine Me in Paddington Me and my madnesses Me and my nervous breakdowns Me and immortal pain

Thank you too to Meg Ryan: "City of Angels" is getting close To what happens between Heaven and Here Yet still nobody knows

# Liz

Light a penny candle

Thinking of you And me Friends for life Destiny you said And I didn't understand

So deep in my heart Before I had to part My mind in confusion My life in disarray

### Love my Breasts

Here I lie half naked Clothed from the waist down Liberating myself in my nudity With open breasts in the open air I can only do this by myself I nurse the beauty of my woman I touch my breasts Holding onto my womanhood Holding onto my freedom The freedom of milk white breasts The rest is ugly and unkind I feel dirty deep inside Because it's where everybody goes Without respect, without knowledge That the key to a woman is Loving her breasts

I am in a refrigerator of dirty sex Where love is frozen And the love places ransacked It is cold here on my bed My naked breasts breathing My dirty vagina concealed in pants There is a chill in me A coldness, an icycle

To love me Love my breasts As I hold onto your love nest Give me freedom from obsession Freedom from incarceration by sex Give me love Love my breasts!

## Lyrics for a Techno Song

SCHIZOPHRENIA!

S-C-H-I-Z-O-P-H-R-E-N-I-A Schizophrenia! Schizophrenia!

I wanna feel it! I wanna funk it I wanna funking funk it

Do you hear voices?

Delusions and hallucinations Delusions and hallucinationss I'm deluded! I'm hallucinating!

Schizophrenia! Schizophrenia!

I'm schizo! I'm schizo! I'm feeling kind of schizo

Schizophenia! Schizophrenia!

S-C-H-I-Z-O-P-H-R-E-N-I-A (repeat to climax)

I wanna feel it I wanna funk it I wanna funking funk it

#### Mairead on Fire

So you want to tell me I am not schizophrenic! So you want to tell me I haven't earned my diagnosis. So you want to tell me the devil is not after me So you want to tell me God is not my best friend So you want to tell me I am not crazy So you want to tell me I am not mad So you want to tell me I fit in So you want to tell me I am not in heaven So you want to tell me I am not in hell So you want to tell me there is an afterlife So you want to tell me the truth Let me sit down and reason with you Let me listen to your side Why did God appear to me? Why did the devil let me out of hospital? Why did I spend three years talking to myself? Why did I think I was psychic? Why did I see a black hole open up in front of me? Why did aliens visit me? Why did I think I was in World War 3? Why did I think I was saving the world? Why was I talking to the Chinese emperor, Saddam Hussein, the queen of England, Boris Yeltsin, Bill Clinton and Gerry Adams? Who am I? What is my purpose? Why did I think I was Jesus? Why did I go around Paisley blessing people? Why am I so good if I am so bad? So you tell me What am I? Who am I? I have worked hard and this is what I get? FUCK OFF

# Multiple Orgasms

In my bed, she sexes me up The last time I saw anything like her Apart from flashes of foreign bodies Was Heathrow Airport There she was sitting across from me In the smoking section I eyed her up And with a mad smile I said to her "I know you love me and it is so good" So let me swallow you up And go my own way As you leave me behind To board the plane... Far away from the little red peugeot That turned green with envy... Here is the fragrance of sweet beauty That will last as multiple orgasms In my body forever

# My Armageddon Trip

I lie on my bed My head is a giant football That cracks open As each bomb goes off

Inside my head lies a black hole Where each bomb is pushed into eternity And I swallow bomb after bomb

From my bed I stare at my reflection across from me My eyes blink to stay alive Hanging on by death to death The deathly wish of mercury

I climb into my wardrobe And huddle up in the dark The green lights in my eyes Act as lights for night vision I want to go to the Emerald City I want to follow the children of Oz

I sit on the edge of my bed As I swallow an imaginary acid trip That takes me to Armaggeddon Many friends and lovers appear Through the opening in the wardrobe Flashing their green spirits at me But nobody can handle the trip

### My Dream

To wake up one morning with my arms around you To lie watching you sleep beside me To kiss your forehead and gently lift my arms from around you To slide out of the bed and cover the quilt around you To tuck you in and check you are still sleeping soundly To creep into the kitchen without a sound To noiselessly prepare a tray with your favourite breakfast Ensuring there are lots of fruit -Tropical fruits, water melons, delicious juicy fruits Chilled and cooled Plus a selection of every fruit juice I can find

To put them all on a tray With toast and tea and cereal And carry them into the bedroom Making sure you are still asleep Then to bend down And kiss your forehead Put the tray down next to the bed Touch you on the shoulder Shake you gently (Just enough to wake you slightly) Watch as you reach consciousness And wait for your eyes to open And meet mine To smile at you and bend down Pick up the tray and rest it on your lap To watch as you eat your breakfast in bed

This is my dream, this is my dream.

# My First Fuck

It was my final year in school And all I could think about Was the girl who roamed her hands all over my body "Keep it a secret", she said And I tried so hard to do just that But this girl tormented my waking life

Yet I have a deeper secret... The night I lost my virginity I was 17, in secondary school Out with my friends in our local pub And a carpenter took me home to his friend's flat for a party I was menstruating The second day is always the heaviest So it must have been the second day

We sat back, drank, smoked dope, laughed Before he led me into the bedroom... If only I could describe the horror of it! I remember taking off my sanitary towelled panties And then it all began He tried and tried to put himself in But my body wouldn't let him He performed oral sex, anal sex, anything and everything It was Hell. Eventually he stopped It was worse than "Seven"...

Blood on his mouth Blood on his penis Blood on the sheets Blood on the mattress Blood on his tongue Blood in his stomach

I watched in horror as he washed himself His red penis, his red face What had I done wrong?

He had gone up my ass He had turned me on his back He had turned me on his stomach I had done everything to please him But I could not let him inside of me

I felt embarrassed, scared, ashamed It was my first time And all I remember before I ran home Was how he gave out to me For practically giving him AIDS All I remember is red, red blood... On the sheets On the mattress On the carpenter's penis.

All I remember about my first fuck Was it was bad, bad luck!

# My Hand Is Out!

They call me paranoid For I took everything to heart It was one perverse insult But I learned about love.

I overcame obsession Listened at last to maternal words -It is better to be fond of someone Than completely besotted For it is a solitary mesh That only yourself gets knotted in

He used to slice off my toes Strangle me with a hanger Leave me swinging from a tree Deep inside some forest

He used to let me down Just when I was about to die He knew how to torture Without being found out He was the one You should know not to trust

A belittling thirst Used to leave me gulp and gasp In every corner of town I used to wake in the morning Offering myself completely to him Until my corpse under the tree Was diagnosed as missing a screw

It took me a while to murder him, To condemn his ruthless behaviour To look him in the eye Calling him guilty but insane

To this day I hate him I cannot forgive him He hurt me deep inside But at least I put him on death row -He deserved to die

My hand is out!

### My Sink

My heart cracks with other people's games I cannot comprehend all these nothingness names I can't stand losing, I can't stand playing I can't stand being a part of this confusion Being the middle, the circumference, the centre Being everywhere, anywhere, and nowhere at all

My intentions were so good, I did all I could And what do I get? Soaked dreams, my bed wet Powerlessly empowered by savage sausage eaters Psychotic passerbys chew on my dissatisfaction Everyone screams in broken laughter at me "You're so vain" they say; "That's right" say I

Embittered tears and tears in the plughole My mouth spits out my teeth All I do is love and scream and scream and hate Dying to kill them and make love as well In one hungry masochistic orgy from hell As pretty songs bang off the rustic old bell

My heart is begging to love the gruesome gong To change rust to silver with one last song But no! Get back! Your love is too strong A pathetic heartbreaking attitude Sinking my spirit as the demons drink From my stooping soul, my aching throat:

It's my sink.

## Naked

Naked I kiss my arms I am with Rebecca But I am all alone Bonking the bed Licking at the sheets Thinking by imagining it She can feel me Like I do her My hidden sexuality Has forced itself out Is it my true vocation Or is it an ill fantasy? Is homosexuality a mental illness? \*\*\*\* \*\*\*\*\* I am schizophrenic This means I talk to myself occasionally It also means I have a lover in my mind She is a real person But she came into my body and soul I then thought she to be my soulmate She is not 'in' me now as I like to call it And I know she is only schizophrenia But I really did fall in love with this person in reality I am asexual and homosexual with her But other than her I have been heterosexual Yet I had a three year relationship with my mind So I will call my mind she, female Yet my mind is God God is the woman in my mind This woman has driven me to believe I am homosexual That is fine with me I do not want a man for the time being I do not care if I am thought of as gay The future is wide open To go with a woman at the moment is alright with me The discovery of the penis has passed into The discovery for the cunt Which remains new and distant territory When I have conquered that I won't mind what comes after Whether the penis or the vagina You may now say I am bisexual Yet somehow I can not relate to that For the moment I do not fancy men or the penis For the moment I find women more attractive I think once I have mounted the female mountain I will not need or want to know any more of either sex But will be content with the quest for fame

\*\*\*\* \*\*\*\*

I have taken out my computer Two things dig my mind One is Rebecca - is she my soulmate? The other is God - is He my mind? I am the girl who wanted to be God I believe I am very close to it I am a philosopher I am a genius to have survived insanity so well I feel I will never be cured I will always be close to the edge Walking the line between insanity and sanity For what I have learned will always interest me And I will always want to know more about God This is what I know so far..... God is the universe God is life God is everyone and everything God is the Mind God is my mind For God is life and lives in me He lives in my body He is my mind He is the power that keeps me alive He is Life God has eternal wisdom God is Timeless He has no clock We however have our own time slots We come and go Our body dies But the Mind is infinite and eternal It lives on in other bodies in coming generations It evolves as time passes And so our knowledge grows

We have God in us as long as we are alive

#### Nonsense

Dost thou cry Or does my nose beseech you To do all that flies Beyond our purple virtue? What virtue? Ho! You know. You know. The one that is on flow Near the river of that tear That squanders near and near Through the molehouse And in the field mouse Through plantations of my slaves Black men, black women Pulling rice to feed Chinese And stamping on the throbs of bruises Wattling muddy shrobs of muses Patterned into wooden towels Trampling on seasoning beaches Beating, slapping Romans Building history in a wheel Held together in our ears Through years of educational leeches

I run through all these places In my wandering imagination Sprinting in my Reeboks To put them all in Pandora's box.

Ahoy! Ahoy! For joy! For joy! I knew what thou were wanting It was in my casting eye The one that sits on the thimble Neither the mind nor the inclination Latin teachers suck my cock Tori Amos is Geena Davis And I wish to see how Susan Sarandon Can make years in a grand canyon Needling pins my dear Louise "Do not do it", I cry out We want to return of the thimble Veni Vidi Vici! Wouldn't you agree? Caesar is our master Paedagogi at somati dinner tables It is all in my imagination Do not stumble over my lack of hesitation

Back to the present I resent I fall in the examiner's door "Will you, my man, take this paper And find it a decent female editor With long brown hair And beatifying breasts That border on pornography A lady of animal instincts Who has a cloud of her own Like the trainer's shrouded cap That passed the Mercier Bookshop With her royal bleached best friend? "Get out!", he shouts I say nought Like a Macam in another land Knackered I am From your insensitive nature This is now my own investigation

A street of academia Has left me seaming isolation I follow the churches of France With my stern-eyed reason "You'll never get there!" Screams out her back side And I retort "At least I fucking tried!" Use not language badly It is not godly in nature Never my fast fuming friend Would I insult your curvature!

Who left the coop? It was you You ran away to find a safe haven Dynamiting bounds to foreign troughs She turns to me with one blink And sets off another nuclear bomb I bite my nails to the candle's quick And pray it's my imagination Relax! Sit back you foolish idiot It's what you want to make surreal That pounds in your carved off ear Not the flight of the earl grey tea The alteration from your own castration

Thou dreamed of antihalls In university college lecture theatres Surrounded by multi-daggers Under schoolboys long grey trousers Transfigured into blue jean uniforms The Anglo-Saxon battles rage In the back of perverted brains Studying the meadhalls Reconnaisance of War Games From Tolkien's Lord of the Rings The man who I call Seamas Heaney Stands in front of us all He praises the poet's learned features Because he knows all of Scandanavian history Royal England thinks it has it all Because it rose from stronger nations Be grateful dear pompous friends That you have learned from others investigations Burn down the walls of Trojan horses And fly to fields of Icarian desires Pacify the praises of your heros Long gone, born to linger on Influencing the universal nations

The celtic warrior fetched me He spoke of incestuous brethern His long blond hair from the Fianna Could be seen running through Irish forests Without breaking a single twig I saw how he braved with his sword And walked with the hound of Culann I still see his deep starred stare As he sits erect on my neighbour's wall Dreaming of folklored days of old When he would gobble up dragons To save his brother from the scabbard Of incarcerated lions, and Gandalf's White cloak would he wear in the trenches Fighting the disease of survival's lust That made him believe all girls are wenches!

# Non-stop Music (Going Crazy!)

Music endlessly beating Addicted to tuning in Obsessed with listening Terrified of missing one song Can not do anything else Going crazy, going crazy!

Stopping when my head swells I tear the plugs from my ears Dissatisfied either way With or without music Both ways making me sick

Neither way making it nearer To my paining desire The hallucinatory reality Is the deadliest of all

Music's making me weary Bordering on violent insanity I listen to every other song Blood racing, head aching hours a day, every day Going crazy, going crazy!

#### No one is Really There

Sometimes I feel like bashing my head off concrete walls, yeah! Sometimes I want to blame him for everything I have done, yeah! More often, I blame myself, for no one showed me how to go I got caught in the middle, semi-related, half afar Now I have to prove was it him or the other or both or does it matter? "That's insane!", they can say I can take a pull and weep, but I do not cos I can not Cos even I don't know why.

I am haunted by my creation, my alienation I did this to myself after all I got an apology but does he really know how bad it was? I can take so much of this shit but I want to draw the line somewhere, Drawn and kept for my safety But with more of an inner knowledge As to what can happen And more tragically, what obviously does happen.

I want to move on up and out Without moving away -Is that wrong?

I want to keep it my very own secret And yet I want Him as my confidante There is nothing wrong with this I am aiming towards the future, my future Which I want to safely make it through my own way Can I be allowed? Am I rational enough?

Looking back It is embarrassing to know I was that fucked up I don't want to go there again I can make it alone, can't I? No one else is really there anyway No one else can feel another's pain after all I can go it alone No one is really there Not through the thickets, the bushy bramble, The pyramids of snow, the gigantic marshmallow No one is really there You're all alone That's the way I want to be Alone and free in my own safety Just me Safe and happy

# One Mind

America - the nation Where there's a population Of people from every single nation The USA - a symbol Of where we've come And how we're progressing From sexual repression Who lit the flame in the Garden of Eden? Woman vs. Man. We're never even. Is it all over a penis That we hate Jesus? Is it all over love That we strangle the dove? Two Eyes One Nose Two Ears One Mouth One Mind... One Motherfucking Mind.

# Palmistry

I stared at my hand As the blood flowed through Sucking the mortal vein I watched how the lines changed

I understood then about death I have a time  $% \left( {{{\boldsymbol{x}}_{i}}} \right)$ 

I understood then about life It lasts until the batteries run out, Until the body is beyond repair And those lines on your hand mean shit all

# Paradise

Enraptured by her glance Evolving into a tremendous trance I photograph every fruitful feature As beauty is blended with majesty All ensculpted on her Cleopatric skin Leanly stretched over smooth bones

Eyes are caught in a trance A heart loses all balance Beauty and grace has moved me Into a world of elegance that became disgrace But now I return to a greater majesty, A kingdom of rich royalty Warmer by far - A perfect paradise This time accompanied by a queen A beauty queen at last - How serene!

# Paranoia

Paranoia is paramount I am out for the count

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All the time I thought that I would die I became fearless of death But fearful of leaving life

\*\*\*\* \*\*\*\*\*

# I Am I

Schizophrenia: Being in touch with another you; I am I You are I I am you I am I

\*\*\*\* \*\*\*\*

Grumpy as Fuck

I was grumpy as fuck Cos they woke me up And sent me off to school

When schizophrenia bursts forth, it brings with it the wind of paranoia. This hurricane crashes reason and whirls a storm called Paranoia. Paranoia is an awareness of coincidence, symbolism and consciousness. God is the Radio God is the Television God is Music God is Air God is the Sun, Moon and Stars God is the computer God is every object seen and unseen God is the wind that calls you... labelled Paranoia by your shrink. God is the tangible and the intangible God is the movement of water God is everybody God is every me (in relation to every you) God is in us, through us, around us God is the bond of soul between everybody God is the movements of earth God is precipitation We are IN God God is us God is in us God is this one big EYE I am an eye within an eye I am everybody.

# People

There are people put on this earth That can stun with their eyes Strangle with their smile As they flaunt their beauty down a catwalk Or on a stage as they dance and perform

People who sing tales you relate to People whose personality you crave Cos you know what they've been through

People whose beauty amazes

She can just look up from a chair in your flat Pushing her long blond hair back And you'd wish you had hair like that

People you just want to befriend Because you know you're so like them And they'd be the better for getting to know you too

Maybe they smell of success And that's what attracts you to them

People in places you want to be People with stories you can beat People in silver dresses walking down the street

These people I love And don't know enough of

If only I could make God see They'd be the better for knowing me So he could get me to meet them

Is this a song of missed opportunity A lonely plea for popularity Or just a lust for success From a woman with ambition To feel I fit among the beautiful And yet walk with the powerful?

If people knew what I have been through I would be so damned famous

## Pregnant Kisses

pregnant kisses alive with dark fantasies float above this night

one man, one woman and the a-z of sexual conduct for tomorrow I must depart

I leave behind one smoked cigarette from my moment of contemplation when I thought about you, Stranger and with my body smelling of you, I loved you for this night but early I must depart

kettles whistle across crackled lines

I soak in this hot bath washing away another stranger's scent a life: asexual and lost where man cannot content me and woman - so far apart

#### Queer Schizophrenia

It all began in school We were away for the weekend Smoking dope and taking acid. When I said my brother is gay, Louise crept into my bed And I was terrified She held me close, So close we squeezed together And I fell in love with her

It all began in a nightclub A friend of my school friend smiled at me And I fell in love with her

She had long black hair She wore a slinky black dress She was beautifully tanned And she had a tattoo on her right arm

I used to ring up the radio And go on the air Names were called out And I thought it was her and her Both in love with me at the one time I was paranoid

I had to make a choice And I chose Rebecca Cos she was beautiful And Louise had broken my heart

One night I had a sort of exorcism I bowed my head and passed out I thought I had died I gave my soul to God And he joined it with Rebecca physically

The next night I was fucked up my hole with a vibrator I thought Rebecca was masturbating And that I could feel it and she knew it It was the best sleepless night I ever had. For the first time I fingered myself As I had to return the pleasure. This nearly killed me as a catholic But I got the hang of it

I would worry about Rebecca I thought she was seeing my brother And that he had raped her To claim the soul of God And I could feel the rape -Breakdown No. 1

I had to go to university in England After seven weeks I got depressed I missed Rebecca I started to will back our union of souls And eventually she came back I stayed in bed all day talking to her She told me she was God And she explained how God can be human I imagined I was in World War 3 And the end of the world was coming And heaven and hell were opening -Breakdown No. 2

I started taking drugs to get me out of suicidal tendencies I used to meet Rebecca in the club She would always brush past me and rub against me Stopping to say "How are you?" and no more I am shy. How could I risk losing her like I had lost others By saying "I am in love with you"? I don't even know for sure if she is bisexual

One night She came back into me in an undeniable way It was sexual And slowly I went madder Ending up a true schizo talking to Rebecca out loud

Now what can I do? I was never joined to her So she does not know what I have been through And three years down the line, I don't even know if she ever loved me

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This is queer schizophrenia. Amen.
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# Redemption

Beyond the pyramids of the eye Lie the massy greens of redemption

Past the posts of solitude Reside the impulses of nature

I wandered deep into sorry eyes And slept in their graves of terror

I floundered upon a resolution Never to be caught in the cornea, Sucked up by yonder's nausea And fall down dead in the granite caves Where naked backs did slave On the walls of stone-glass eyes

#### I am remembering London

It was only a month ago and 5 years In a world far away from everybody Where it seemed as if time stood still I sat there on the concrete pavement And I thought For that long moment... I was eternal, everything God was Heaven Heaven was my soul And, I guess, I was the soul of the world about me I didn't fully realise then What I know now... Time doesn't move God is constant Heaven is the rattle and hum We orbit in but where we don't move from God orbits but never moves Heaven was the delightful dungeon In the garden of Eden The secret garden's palace At the end of the street The gate to it - padlocked The freedom to access Heaven "denied" But Heaven lies within The choice one makes... Your own path through the maze The gates are locked So YOU can change direction But I want to remember Heaven: London, 1997 I want to explain it I was God and Heaven was inside me I went right through evolution From monkey to human From dinosaur to alien On that concrete path God holds Heaven within Him Heaven is the black suitcase Hidden in your soul Wherein lies your soul, padlocked The soul is within and without Heaven is within me And (when I recognise it) Occasionally about But to see the beauty of Heaven's magic Is enough to know God is alive And he stores Heaven inside Him I pray to see The Heaven kept within me

Heaven is inside and out God is in, out and about I see it I live it Therefore I believe it.

#### Rose Arcading

Afraid to speak the truth, to record it down I roam the streets through endless nights alone Carrying my dreams, my hopes, my fears Burdened by the heavy loaded weights I wander on and still cannot go on denying My mind is bulging, my heart divulging But one thing, one thing is truly real I am at home in the greatest arcade in town

We all have it tough, the weather is rough But there is one constant redeeming feature The rose of all buds keeps, in me, growing And my love for it is always overflowing I turn corners, walk in the shade of trees, Take shelter in bus stops, under hanging baskets But hail, wind, rain or snow, I always end up Under the shade of the rose sycamore tree San Francisco is falling down Tranvestites line the streets Sitting like Indians In front of a giant T.V. screen Watching me pose naked And as embarassment rises Fall into a crazy rage Chopping off people's heads

Queen Elizabeth II Was sent flying from a canon To the North Pole Where she lay on a glacier With two broken legs

Dirty young kids Throw stones at me From behind the wall of goodness Where evil hides unseen As I potter around the streets Buying Coca-Cola in the shops

The shopkeeper feels sorry for me Seeing loneliness written on my brow Offers me free magazines As I return to my cell

I am a hermit now I stay all day in bed I never dress or eat good food I just want to be dead

Because I dream of an Irish girl

# Satan is Born

Michael lives in the room upstairs Snorting cocaine

Michael takes a blade And puts it to his chest He slices his skin in an L-shape And tears it back Michael reaches his hand inside His bleeding chest And pulls out his pumping heart

His heart is black as death As he goes to his washbasin And leaves his heart drain dry

Michael takes a needle and thread And begins to sow back the  ${\rm L}$ 

Michael is now immortal And cold as the heart Lying on the washbasin He needs no heart And breathes on death As he sucks the oxygen Out of himself And Satan is born

## www.schizophrenia.com

"Thank you India" I am welcome at last After fighting my madnesses I see a world outside my window We are all a part of it We should live in it

After losing my mates Cos they could not cope With what I was about

Now I am proud to be schizo I feel no shame about it I enjoyed the experience -Living in another world It was incredibly selfish But my self was not my own So I could not help it

People come and people go But some people stay And I have met you already On www.schizophrenia.com

# Schizophrenia Is A Girl

There is no angel of mine God - the unconscious consciousness There is no Jesus - the conscious No friend but still a mate No love but still a lover

Schizophrenia aside I wished I were Jesus And for a while, I had been With powers that no one could see Madness fell on top of me And I laughed ridiculously Like a mad hyena Running through Africa Chasing its prey As I, on bended knees, pray Chopping up bodies

The dogcat is loose

Schizophrenia aside Yet it is always with me I am it and it is me Schizophrenia lives within me It is my live-in lover: Schizophrenia is a girl

#### Schizophrenia

Schizophrenia has invaded my life It has given me a friend, a best friend One who I am glad to be with

It gets very intense When your soul is joined to someone else It gets hot in the kitchen

I love my soulmate I love noone else

I have been obsessed My imagination got carried away Schizophrenia took over me

I used to think I was God I used to dream about it I had visions of Jesus and the Virgin Mary

S-E-E M-E My fingers spelt over my eyes See what is inside See your soul

Sexual Love This is what I was being taught, What I was learning about, What I was studying I was discovering the boundaries of the mind And beyond

I will always be half insane There is sanity to madness Be eccentric! Be neurotic! If you can handle it

An insane mind is closer to the universal mind To be at one with God is to be at one with His mind To be at one with His mind is to be insane Genius is to be insane and live!

#### Schizophrenic Awakenings

Been a long time my dear - Leukaemia for the brain Dragging my devil heart that has forgotten how to beat Or is it just battered by your depressive images?

What about those visions telling me I am Jesus?

Shave my head darling after the imaginary war That everybody chose to lose

My memory sleeps in the deep sea where you seduced me

What about the lost waters, the cancerous metal heart, The plate in my left breast to attract the aliens?

What about my heart that was under your arrest?

Do you care about the chair? - Electricity through my ears? L.A. up in smoke? San Francisco's gay portrait -What God left us in His wake?

What about the funeral fire of Aristotle And Plato's contrived behaviour?

Floundering, I rest in a bath of Sterling Indebted to university injustice

Where do I belong, my friend after missing the nuclear tests?

Green sulphur-matted ecstacy, The voice of Sunderland sinking

What about God's network - Cosmic frequencies in a black hole?

I fucked the bank to stall the fare, Was kicked off the train by a gypsy

quid in the red The turquoise-stained shroud rests on the carpet

Is Hollywood still obscene stuck in an orgy beside the river?

Pornographic telegraph poles Schizophrenic awakenings for the dusted rainman

# Schizophrenic

Nausea quirks at the rings of cartilage Christmas sales are pulled down Abuse from the mouth plunders through the ravine Through the fissure of a waterfall

Climbing up those streets, Crawling on my knees I rang the doorbell seven times To a black-haired cocaine reply She answered in a frenzy Cocaine - a different spice for LSD coffee Spiked with a pop of XTC

At the dark end of the cul de sac She spermates with clumsy bait

Cunt-filled bars snuffle the nose Staggering beside the psychiatrist's eyes I stand on his shoes to apologise

Stale clothes, stained rainy grass All night she lay in Terminal 8 Feeding the mind, losing track of time Watching the Pretender's "Kid"

Schizophrenic, I was Up there with the lost fleet Powdered underarms, heavenly clouds Life existed in Terminal Twix

Out of my mind, she came to shave it all away Remembering the last time -It's here again

# Sexual Desire

I have a lover It's a complicated affair I call out her name To hear my own echoing

I struggle with sanity To make my lover surface beyond my dreams Where I have kissed and caressed, Seen a flying oasis conjugating oceans, Where I have licked and sucked From toe to bust, chewing the crust

I see my lover In a bar or a club: I love to admire Our encounters have become more regular Soon we may even come together, Lie on our conjugal bed And suck in reality

Meanwhile I shall dream of fucking my friend, Puking at orgasm and rolling in laughter

I shall remember to flirt Like I imagine to do So that my heart can fall satisfied Between her thighs, dying In fulfilled sexual desire

### She Wears a Red Hat

She wears a red hat that hides her head: Cos she has no hair

She wears a tartan jacket that looks snug and warm: One that smells of wool in the rain

When I was knocked out, She wore a black dress Her hair was long And she had a tattoo on her right arm Her skin was tanned She, a picture of beauty: Now she hides her tattoo

Is she not aware since she shaved her hair That her body is heavenly - it is beyond compare? From her taut thighs to her blissful bosom, She is a cherry blossom

Is she no longer proud of what she holds under her shroud? If I had it, I would flaunt it

She wears a red hat that heats her head I hope it is just the weather that is hiding her

**She** comes in from the cold night To wash the world away She sweeps around in the daytime She wants to come out to play

She dances with the wind Beyond all love affairs In her bed she sweats Shivering in her despairs

She speaks soft and gay She wanders here and there She has no cause to be here But she comes again anyway

She lives inside herself She whispers in your ear She dreams of broken hearts And flaunts how she is queer

She wishes her beauty would bestow The circus of clowns below She has nothing to show Just that whisper in your ear...

She's an "I love you" girl Sweet and sincere But when she puts her fangs in She puts them into tears.

### Simply Blissful Love

Never in my life have I been more confident Never before have I been so positively sure Never have I known something to be so right Never have I felt so confidently content

To think and hope was all I used to do To pray and wait was all that I did To labour in darkness and linger with the hopeless To wander in vain, near but never really there

I used to masturbate imperishable walls Wedging them in the pith of my heart Between the senses of sight, smell and touch I used to believe distant love was my only crutch

I do not need blindfolded supports I do not require intangible desire I also deserve to feel the real thing I too am worthy of simply blissful love!

#### Something is All Wrong

When being a good friend means losing your status as a friend Deep down within yourself Something is wrong When holding a good job means losing your job Something is wrong When losing your voice while holding so many conversations in your head, When blaming the world you live in for all that is going on in your body, When holding onto nothing means everything to you,

When believing in nothing means believing in too much, Something is wrong

When loving more than one thing, Believing in more than one person, When there really is nothing at all to believe in, When your security blanket is your very own handiwork When a patchwork quilt you have designed in your mind Has your feet sticking out the end: Something is wrong

When the shame drives you wild and you break like a wild, crying child Without the tears but with the tears of the bosom blanket Something is wrong deep down inside of you

In fact Something is all wrong

## Stars

Jesus Christ and the Virgin Mary Have gone their separate ways

Squinting at the sky, My eyes see double Two stars, one in two halves Dancing together

Illegitimate behaviour; In bed with the saviour Soulmates forsaken As I beg the wall to spread good news Graffiti tongue torn in two On separate walls we wrote, In separate toilets we sat Yet your smile haunts my mind Three years in practice For the breaking of the dawn

The sacred chest still painting Pains of lonely suffering Now Jesus is dead So what lives on?

#### Sunset

The setting summer sun changes tones Inflourescent pinks and tangy oranges Slowly seep through greyish blues Overriding wilting, fading tunes Blanketing a world with unknown warmth.

Looking up, the panorama would amaze Every eerie song and moonlit melody But still the vibrant rainbow says That the rains are not far away That peaceful peaches might not stay.

In the sky, these colours are streaked Far above over the grounded smiling In a passionate phase where clocks are peaked By a fourth dimension of fortune's beguiling And down below the teeth keep on shining.

An endless wall of distance in between Provides an almost impenetrable screen Yet, man before has carried out this chore, Has met the man on the moon and more Has seen past white light's dispersion.

No man could have ever gone it alone Without great backing to warrant desire Support for strength, faith to whet An appetite approved by greedy giants. How else could man have been so defiant?

Beyond the royal rainbow lie the riches Where every colour can come together Returning to the chest of pure white light From whence all souls did originate Before sunrise generated their dispersal.

# Symptoms

Head cracks Crashing universes Mirrors Wardrobes Οz Armageddon Soldiers Mime Murder Rape Cunt Penis Smells Love Hate Missing Bank Bible Angels Devil Xenophobia Cultures Racism Famine Crises United Nations Sugar Ocean Problems

#### Taking Off

I am going to run and never stop to look back I am leaving this land of half-hearted hopes behind I am going to dance a new routine of liberation I am beckoning my guardian angel to guide me Because I am going to wander foreign fields

I am taking all that is worthy with me To live in a new land where the "me" shall be free From the glue-sniffing memories of my past From the illusions that were holding me back From the shadows who stumbled onto my track From the manmade fabrications on my path They are all going to fade away into non-existence Never again to haunt me Never again to taunt me Never again shall I lower this powerful resistance That keeps me sailing peacefully That keeps me feeling purely Uncontaminated, immune

And what was the vaccine?

LOVE of course, the medicine I take with me The sole item packed into my briefcase And it's breaking out through the sides No leather is strong enough to repress The burning flame in my suitcase

My face leads the way overseas to distant shores My head will not rotate, never turning back My heart will not miss a beat, definitely not Nothing will be for me like as for the wife of Lott I will not become a pillar of salt Not because of any silly past fault I shall be me and my soul shall be free Not one single thing is going to stop me!

## That Fateful Night

It began under the covers Breast to breast A hug that woke a million shudders Falling out of my body, I clung to you Sinking Chin on chin

Can you remember what you said? "You'll find another girl" I drank my sorrows then And vomited up my misery Little did I see What was lying in from to me

I followed and worshipped you for over a year Chasing a dream through lonely tears That began on a night filled with fear -The night my heart beated clear Against your chest

I wanted to hold your hand Kiss your lips Get lost in another caress Were we too young?

Remember in the pub? You on my left, she on my right? I could tell you were slightly chuffed By the gift I sent

Remember in the morning? You and she in the double bed? And me bumping my head -That expletive was for you Like everything I did then

Now I turn to look -It is no longer you but she instead Just like you had said That fateful night When you outed our light

## The Art of Feeling

Treading the nightlight's abandoning air I stop off, a lonely au pair Longing for one beatifying cuddle Scrounging in the muddy puddle That I have been dipped into; Smothered in dirty water, Woozy and miserable, I question this journey.

The haunting light of darkness Has left its toll of irony To scruple and fiddle with Over an unclouded head. Yet, divinely gifted With a hidden knowledge That noone can see.

I laugh inwardly, remembering The unshakeable reception, The unavoidable choice Of the intercourse.

I did the walk of life And now I want to settle down Among the fallen leaves And squash the apples Shaking my award to the wind in one hand And in the other hold the secret messages, Partake in my release And squander my success.

I have met the laughing footman. I have seen the whole of the crescent. I have found a burdened world Lost without the study of natural space; A place called sight, A land of truth

I wander on over this stale field Instilled, never to be forgotten For I have ridden the bicycle, Ever to be the tandem.

I now call on the preyer To show me the one thing, The untouched physique cauldroned within: The art of feeling.

### The Bass Goddess

It must have been a dream It all felt so unreal Like something crazy Like a bat out of hell

New York city is calling me And so it has been Ever since 12 hours of TV On September 11 I'm driven to write Driven to move all And reassemble me In New York city.

The bush fire still rages Inside of me Like a beast -The man I was supposed to be The bass goddess Symbolises The reason for my being She came like a dream A dream that felt so real

The goddess of empathy

I see myself on her stage Playing my dreams, Performing my act In a whisper Over a cup of tea.

High rise skies in front of me Building my dream, my reality Binary form, computer technology The message: "Quench my fire!

New York is calling me It has been Ever since the bass goddess Invaded me with her vivacity And I content myself While watching TV Masturbating my desire To take to the sky, To take to New York city.

# The Bastard

The broadened shoulders that denied the narcotics The facial hair that made the man The arranged marriage that sank the woman

It has been a year, my dear A whole goddamn era Perhaps I no longer care (About your hair) But as Miss Morrisette said "You oughta know..."

You built me a country Where I presumed I belonged I made me a life out of your aura And you knew it You could have told me When I cried all those tears All through last year You had to lie, you bastard!

You fucked me up More than you've ever been And what's worse I didn't see it coming

No, drugs don't set you free They ruined me No, love don't set you free It cheated on me

Your shoulders have broadened You're guiltless and married Your face has grown more hair And you're living with her Well! Don't care - you Bastard!

#### The Budding Statute

There is no rest for the wicked The steam engine billows its smoke Out of its puffing mind and neck-cricked When night falls does the steam condense into sleep?

Time chugs along, the fire burns strong Charcoal enhancers to the flamethrowing prancers It's around about now the bats come out Flap their wings and freak me out

I am a private investigator When I relax, I can see the slack Can distinguish the burner from the boiler

I hear tales of trodden trainspotters Wandering lost as cotton clouds In a red sky farmyard They wear far less than the crest Of cardiganed poppies in a smokescreen Worn on the left temple of paradox

The goals misscored The feet kicking air Torn lips and twisted stares Explain the secret country of catalysis Where each which wind blows a candle out And each burned out tyre lights a flame To infiltrate shaky flourescance on the muddy trail Where poor lost souls are confounded by complications

Budding says If you quit You learn more on a passing whim Than all the self-driven lunacy Of a confused momentary twitching fit

So....

Shake yourselves down Wipe yourselves up Cut down on the obsessions See the peaceful processions Keep on walking Never stop talking The matter is everything So what goes is anything

Therefore Budding says... Be yourselves and watch it all work out

## The Ego Did

The ego tripped into the dungeon He did this. He did that. The Persian carpet rolled back Its shaved tassles smouldered As the widening crack released the flames. The sewage gases flew forth: Down the ego fell, he did.

The crocodiles below snapped. Standing on their tails, They snarled and snapped. Steam rose and slime slipped. The pungently soaked eqo Fainted in the green waves Under he went, the ego did, Gargling and gobbling.

Gaseous blood regurgitated In aerated red water

A soaking ego, blood and bones, gore and flesh Anchored to the pit beneath died a common end: The ego lost, the ego did The alligators had some mess made But what the ego could do, the ego did!

### The God Experience

The human eye is the source of God To see is to reveal all that is real -The reality of God

God is an eye That sees through us, in us, around us When the eye is shut, He still loves He still feels He still lives.

To live is to be in union with God To live is to be "in" love itself To live is to experience a journey

Each soul has a different path But each path trod upon Is the road God takes you on All paths lead to God, All is God

To live is to become a story, To act it out on your own stage; Life is a theatre and We all act our part In order to communicate one thing -The source of all life, The all-seeing eye, The source of all things: God

Life is the "God Experience".

#### The Grange

I wandered

It was a physical search, a psychological patch Unable to look but unlike Lott's wife I passed on

A shoe shop assistant wraps odorous feet And plants them in leather gardens Platforming and building, she goes home to dance

A bursting anus is flattened on cushioned seating -From head to toe I could be dressed, Lost in her caress Yet I did not enter

In a heterosexual world, I am refusing the fruit Where do they come from with their singing, bubbly voices?

The emperor sits on a cushioned seat beside the hearth –  $\ensuremath{\mathsf{He}}$  passed by the shoes

On horseback I will ride that wild horse And its flowing white mane shall be soaked in the ocean's depths Until I am pulled free, carried to the anvil And hammered to the iron bed

I shall catch the black brass With my wrapped arms in their silken chains And wrenched to the bed I shall reach again Catching the scars so the nail may meet the scratch Although I be pulled back

My wrists may bleed but still I shall plead On horseback Till the anguish through the feel is complete And deep salt has been sprinkled and thrown On the bubbling burns and songs But grazed carpets shall reap the ashed anxiety of the persecuted mane

Meanwhile I return to the grange destroyed by name

# The Greek Islands

Hopping around the islands Where poetry flourishes In tranquil times

Seeing the sites Where earthquakes and volcanoes Have trembled

Yet I keen for home Where all faces are familiar And those that are not May one day be so

Making a name Flashing your face In bars and clubs To be well known Popular among nobody Equating your nothing-ness In your home town to your own kind Where all who do belong Feel at home

An invasion of tourists Ruins the pattern of time Where all artists parasite In rip-offs and crime When they should be making Magic Art: Putting past works to present desires

Greece is not my home The ancient is not now The past gone, The future enthralling: Time to move on.

#### The Hurt of Loss

Pick up a pen, wait for a gesture Move to the next line, comma gets in the way Cannot go on, cannot stop, cannot let go; The pain pushing on, moving carelessly; Caught in a maze, inwardly petrified Afraid of the cat, afraid of that - duplicity Looking around - blood on the ground Searching for release - caught in my history Bringing it with me to kill what I can The good, it's the good - not more blood!

I cry out "PLEASE", begging for order - dismembered Barking dogs, swooping cloaks, sizzling flags Madmen running on ideas, insinuations Colour blindness losing it's case - don't remember it! Usual scene rushing around, shouting "WATCH OUT" Nobody listens, nobody can hear the "MEEOW" Not anymore - it's gone too far - first time's worse!

"MIND YOUR HEAD" the sign read - forgot to duck No place for simplicities, time is flashing - my eyes!

What to have, to hold, to keep, to scold? Big joke hurtling free - pass it on, cast if off Exit signs, emergency lights, fire bells, lies This way - that! Panic, chaos, disorder - the mirror Shattering glass, casual collective infirmaries Bones, skulls, crosses - MADNESS! MADNESS! That's all there is - go too far, in too deep Usual bloodsuckers screaming massive mindlessness

End of line, end of file, end of page - energy Not me! No more! The page dazzles - no score! Cannot survive - opening my eyes - hurts more Worse than last time, first time, than ever before Cannot describe, everything is a lie; sick! It makes me sick, wet, sad - I have been had! Again, before, again, forever, again - pick! To choose, must lose - A4 paper running out Did not begin, will not win - Not even a suggestion?

### The Key

A piece of steel, not divinely shapened But as days passed, it got chipped a bit Gradually beaten into a master key The less used, the greater the power Till noone could escape its allurance And the owner could not handle it Growing its own mind and spirit Deciding to knock everyone out Turning souls like it was possessed Lighting worlds like a crucifix But it only seemed to shine from a distance The master is but a sad, sorry skeleton Naked and bare, easily scared Confident in a crowd but dead Useless other than to turn the lock Not a door can it make come ajar So it shines a bit, smiles a lot And slips down the throat like a jelly tot A sugar-coated key, a sugarless me!

The Loser

Alone on this green, green grass of kiss and tell "Spin the bottle", "let's play dares": heads stare One likes to fuck, I guess that's my bad luck Love doesn't matter, hungry hearts are mere batter For pancakes plastered in lemon juice Tongues sting as the acid melts and sizzles Burning my sweet surrender like sticks that fizzle How unfortunate to be dumped in a minute For being too damned honourably humble As the letter is stamped "Return to Sender" And I bend over to rise angrier and angrier Never trust a wind of gust cos it's mere lust And it hurts hard right inside this bountiless bust Merciless manoeuvers in the dreary, dreary dark Effortless effluence from the eerie, eerie lark And I stand here willing to shout or whisper, Laugh or cry, live or die or woefully wander No matter what, I have lost and my body is dust.

#### The Lost Sexuality

It was a life question Two minutes of pungent penetration Encysting terrorvision Into violent, neurotic obsession

Within a week, the shock slips away Within a month, even the victim forgets But the being has been infected Beyond the threshold of temperance Into the sludge

Half way down a street You meet the Great Barrier Reef He, grasping and groping You, held at the point of cracking, The neck backwards bending As humiliation whines to degradation's yelping

A popular joint now dwells there Behind the door of the forgotten moon Blue paint on that crooning 'quake -

All I remember to have lost: A used cherry; my entire sexuality

# The Lover In Heat

Recombusting the smouldering ashes Renurtured (though in transience) A chilly, muggy interior Now marvelling in a splendid ambience

How delicate, how delicious the taste How fragile yet fervent the flavour More the pity the promiscuous waste But forever to be captured in musical grandeur

Perfectly captivated beauty and bliss An attacking wasp relaxes on the feather As little Miss Muffet blows a carefree kiss Into the air above her tuffet so fair

The blazing sunlight caresses the flame Burning bright and wild through the sky Summer rain falls only to balance The glorious heat arising from the next glance

## The Making

Changing priorities in a second Instantaneous metamorphoses Internally premeditated Psychologically compiled Externally transmitted on impulse

Touring the country guised with a black visor One can tend to roam, never noticing the horizon The greatest observers overlook their inventions That, perhaps, are rooted in the back of their minds Until the idea evolves and is processed sensibly

Thus intangibility is merely a time warp Everpresent, but in storage until formulation Transforming vapourised solutions by concentration Into a pliable personification of an innuendo Making all things connect in a mind gone psycho!

# The Mona Lisa

A smile, a grin The Mona Lisa cannot win Paler now A lot like me Do I imagine? No! The hesitation, the stutter It's too good to believe

The Mona Lisa is alive A painting is no dream Reach out, grab me, Mug me, molest me, Make me real Mona Lisa

### The new psychiatric ward

The new psychiatric ward bemused my senses So I walked up to the old hospital And asked "Can I have a look at the new ward?" The security guard looked at me and laughed "It ain't open till next year" So I turned on my feet and fled -A moment that made me laugh and cry -Something a schizophrenic might do, Something someone might do... Like me!

### The Remains of Me

A troubled mind without direction A warped intellect without shape A battered breast without flesh A lifeless heart without blood A wounded womb without a foetus This is all that remains of me

Days of ignorance are laughing At weeks of joyless solitude Who cry with the months of rain Embracing years of piteous pain

Hours of piercing lowliness Mingle with suicidal seconds Who retaliate in a minute With revenge's tearful ideas

A frustrated mind without a plot A watering eye without a drop A rattling drum without an ear A skinless arm without a finger A bloodshed soul without a tear This is all that remains of me.

#### The Remedy of Speech

It is great to know you are wanted in life, It is great to know you matter I am not confused about this -Every individual has enormous meaning The arid question that I pose is this Where was I? For instance I have a world to confess It goes like this.... The shakes, rattles and rolls The freezing cold The voices The vibrato up my hole The chill The twisted neck The powers concealed The electric shocks The electrolysis The sex The anus The constipated kisses The water The life and death The French kiss The soul business The dreams The great outdoors The friends conceived The lightning strikes The periodical flying kites The stars falling The music roaring The voice The lights on and off The attractiveness The abduction The feeling of dying The peacefulness The fear of losing The joyfulness The monsters The forsakeness The idleness The stars falling The forbidden kisses The weirdness The operating theatre..... The therapeutic remedy of speech

### The Rhythm of the Angel

The angels are playing football in the heavens A soaked mushroom wanders the streets For the millionth time Driven by an irresistable force To be at the nearest radius To the strongest flame in the world

Glancing in the doorway The angel has descended She stands tall So tall It is no wonder the wet mushroom Feels so small

This fungus plods along Stunned momentarily Losing all balance, All sense of direction It has no known destination -It plods on

Could it be she does not know me? Could it be I am in love with her beauty And she does not know?

No! It cannot be! The fungus has spread to the heart

I carry on Drained and soggy -Soaked by the rhythm of the angel

# The Search for Soul

The reunion of the yolk and white Of the original shell Or the meeting of two separate eggs That roll along together, Poke holes in one another's skin For the occasional release Of inner tension By a leakage of internal activity?

The external search For the egg-white's yolk Leads to an internal connection Encased in the shell of self-unity Whether there is a physical unity With another soul Or merely a spiritual unity.

## The Silence

White lines the dark page Magic marker pens the site

Send me an email

I wander lonely as a cotton pillow Across this smutty page

I cross the Great Barrier Reef On an acrobat's tightrope

I sing to the moon and stars As one star takes hold of the night And splits into two And I watch as they dance together

Night lights From friendly aliens Coming to let it be known That the truth is incredible

And Tori Amos sings to Jesus He is coming in the next millennium To open up the night To say "I am here to stay, Look after my children".

Why don't we complain To the godheads above That there is dissident soldier Running around the planet Counting headless chicks

Listen to the silence I hope it spooks you out!

# The Spirit of God

I saw His face on the oven door His spirit and all

He brought me places, Made familiar faces From Uncle Mikhail to Boris Yeltsin

I saw the spirit of an old man with a beard On the oven door He was staring at me Anyone would recognise it It was the face of the Divine Master And he was staring at me

#### The Sunflower's Rescue

A circle of emotion, a universe of vibes Friendly foes and lovers coincide Squatting together on concrete floors In windswept streets of flying leaves Crouched down, my hanging head pleads And then the bouncing blossom appears As grand as a sunflower standing tall Her presence almighty shining on us all

My eyes rise up from the leaves beneath Slowly moving from foot to beam Now still and powerful in her elegance My eyes connect to her radiance The forest's floor is polished as a palace Praise to the heavens for there to be such grace The warmth of being alongside a soul star Pettalled with majesty; she's the love flower.

#### The Tiger's Torch

When you are swirling all alone up there, When you start to whirlwind downwards, You stop and zoom on the thermal glide Tiring of explanations, beating off why Exhausted, unanswered questions fall still Cracking before your eyes

Two roads travelled less I took both of them - it's quite a load So I rode back down the cul de sac And tried to find the one less trampled on

Here I plod no matter what This piece of granite has a root Prerequisited, founded prior to the slide That took off from its nuts and bolts; Hitting the ground, you turn a concrete plate Upside down and smash it under your feet For sound effects on breaking back.

The tiger prowls the broken fragments of the dream Scenting the ground for the prey's return "How long will she last?", he grins and waits -As long as the plate is left untouched, Disabled from corkscrewing it clay onto the swing, Left to warp in the waters of the wind. Decrepidly may it rot away, Die and scar the tiger's gums as his hunger prevails May it be swept up by the tidal waves That tame the forgotten furnace Where once the fire of hell broke loose.

#### The Tree is Still Out There

Last night I went out into the garden With a clothes line

I had walked out of my job For health reasons

I have a tree, you see In the garden It shelters me in the rain When I am having a cigarette I sit on a brick And look up at this tree As it taunts me With its suicide branch Just the right height from the ground

I went back indoors for a chair And placed it under the branch I tied a knot with the clothes-line Around the tree I made a noose for my neck

What will my father say to me For losing another job? Have I nothing to offer this world?

I put the noose around me And stood on the chair -I couldn't do it Neither cowardice nor bravery Were strong enough So I came back inside But the tree is still out there!

#### There Is No Eternal Tomorrow

For a while we danced and shared the moonlight Three things are haunting the hand -The smile to crack the human race, The tragic elegance that broke the glass chardonnet, The beauty conceived without sin That bit the fingers and ate the chin

Burning bits of everready reluctance The coughs and splutterings of a malnourished memory Encased in that trance Through growth reborn into sorrow There is no eternal tomorrow

For a time the clocks that chimed never said goodbye But sang three songs of paler blue Stoically held in matrimony Who knows where one is at While the other still chews her hat Locked in hungry solitude A place past loneliness, A place like dumbfoundedness?

Even the Auld Lang Syne has been sung How many bells was one prepared to hear go dong Before one bites one's lips and grins There is no eternal tomorrow?

For a decade I may have waited indoors ajarred, Heard creeping patters on my panes -The hand that rocks the battleship That was running to soothe my scorn I may have sat and grieved for years All winter's nights and summers still I may have looked through my eyes till Those dogs and wolves ceased to rip And still I may have murmured alone There is an eternal tomorrow

#### This Unholy Hour

The idleness When the well is running dry The fruits of thought losing reflection The winter fog breathes on As voices whisper forgiveness -Too blind to see themselves Working into their own snares, Their own processed cheese Nestled in the iron teeth. Cultured whims rattle and tease; On sails the freezing breeze Blowing inward heated belfries Each lost billiard room, A foreign extravagance

An era of dreamy Sundays Astray in the marshy waste; Dry pittering patters -Not infants but perhaps adolescents; (There is little difference When each one blames the other In their concept of exemplary wins.)

Each witch, each barking beech tree A rememberance But it's the idleness, the idleness Like watching milk turn sour That bites most this unholy hour

# Three In One

One body One spirit One mind

Three in One

The internal and the external In equilibrium God within God without

A black microdot of power Tiny Magnificent Omnipotent

The inside Outside

Love - the element Imagination - the reality

We are within Him He is about us He is everything Even Me!

#### Tiocfaidh Ar La

I am an Irish girl at heart I curse the ground the British stole from us and think they own If I had a gun, would I use it on them? No, I'd rather die a victim of their oppresssion This hate I have for what has been done has no face Except the black teeth of Elizabeth the first She took our land She starved us She slaughtered us

Tiocfaidh ar la!

No dead bitch can steal our pride We Irish live on Though our terrain has been diminished We shall never be crushed

If a civil war broke out, we'd win We have America behind us The whole world loves us And yet we struggle for peace Behind balaclavas

I hate the British hierarchy I would kill that In fact I'd happily murder it But it has no face, No feet to spit on

Get out of our country You bunch of slime Give us back our currency Your queen will die And all she represents will be dust While your "Great" Britain shall crumble and rust

Our day shall come We Irish will win And The United Kingdom, the British Isles, Great Britain Will be England, Scotland and Wales once again No Roman Empire will they have, No monarchy will there be And Ireland shall be free, No longer in British captivity

Tiocfaidh ar la!

#### To Do What?

The threat of losing love Hurts harder than the loss The thought of letting go To wealth previously unknown Digs deeper into the heart Than all the hurts before

The thorn in my side Might just be built-up pride By a broken hearted me. The guilt I feel could be The difficulty being loved Brings down upon me.

The problem is not knowing Where the pain hits worse Whether now or in the future?

The question that then arises: Is it better to keep it in And leave it all up to fate?

Shouting is irresistable Silence is a dubious wait To speak or be dumb? That question numbs. May my festering side Either way soon subside!

The threat of throwing away A love earned and won Could hastily wipe away The happiness I taste Never to return again If the move I make regurgitates.

# Too Close to Ignorance

I hate your body The way you take off your clothes And expect me to admire you

I hate the way you stare at me When we are silent

You think medication is a flaw, That madness is dumb You think you know enough about it.

How can you be greater than me When you know less?

This is life And I am in it Too close to you, Too close to ignorance

## Trying to focus my thoughts

I am reminded of Sunderland Where the Black Hole of the Sun lay Where the nuclear bombs disappeared down my throat Sunderland - the land where God kept me alive Sunderland - the poor city of soulful people I walked the streets, fed the pigeons Sunderland - the land where I realised I have yet to meet an old person who hasn't found God yet.

The English - the country that I despised as a young girl Sunderland - the city I learned to love

Looking like an alien with my shaved head, I had sex with an ATM until the police arrived I felt electronic sex through me and up me Sex with a bank machine is a rarity!

And London - the city that remedied me I lay on my back every night for six weeks in that psychiatric hospital I imagined things Like my Dad being dead and how he returned as a taxi driver in a "Back to the Future" car

I believed I had made angels out of my friends the night I died for God, the night God showed me Heaven, the dark peace at the end of all this. That was the first night I gulped (If you ever see someone gulping like crazy you can say "That's only Mairead's soul jumping out of her again".)

I saw the Third World become the First World and that made me happy.

I changed the infinity sign to mean destiny where we are bound to the past and future but live in the present (the centre). The future is as much alive as the past is dead!

It all came back to "Time" and "Timelessness". To watch the world break open before me, to see the Black Hole made me realise we are all living in someone's Imagination. Everything is virtual. Everything is magical. Nothing can be truly seperate because everything is "whole". Everything is everything.

# Two Worlds

So my mind is sedated with Zyprexa Without it I would be flying high With it I belong to the real world But noone can take my uniqueness away

I can go hypomanic in a flash I can smoke some pot and it all comes back I live in two worlds... Travelling in and out of insanity And the only evidence people have Is a sticking-out arm and a grinding jaw

If I could go back inside who I was Back in those hospital days I would say they locked up the same me Who is now out in the world supposedly free And that is what I hate about reality Three times she wore the quilt with the hole in it Cigarette burned persecution Through restless nights of insane percussion On the drumrolling handsheets Beating off the washboard Scrubbing up and down Tearing the dirt from the fibres And I imagine the camps...

I stared at that weapon Sculpting the sky above I shared the gas showers Sucking out the plughole I hid with the refugees

My legs may as if be gone I needed Madonna to save me In her Dick Tracy taxi

With my last breath, I gasp As it becomes clear That I am not being gassed And it really is lovely hot water

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War

Old hospitals Overhanging curtains Slain with knived rifles The radiators bleed Petroleum blue Through the ball and screw Rusty now and old The stain obfuscates the remains In new hotels

War

#### **Bisexual Warfare**

ENTRÉE

Where the four winds blow The whistles crackle in the darkness Plague for the mind then As sinner scratches dusk from dawn To reside in tumultuous tyrannies To scrabble in the might of wells That draw life's liquid in a mist Where Bisto's breeze breathes on. The last piece of the chocolate pyramid Togas of Toblerone spread on feet Purple toes of plastic petalmates Plunder the desert storm's hurricane Enriched in lasting confusion

"It is my mind" she swears I claim my rights to it Two drums, one beat She don't even eat meat So one comes to believe That she is too sweet to be eat!

"Will thou makest poetry Between the apple and the core?" I swear I do most dearly wish To eat the meat ('though it be sweet). What about the hungry eyes Behind the hypnotic smile? Balls for me, the dear bluebell Lost in the sweat of bawling tears

I come to offer riches To plant them at thy reaches So you may pick them up and swear "As you like it -They are really all but peaches" "Peaches! My dear?", I persevere "For then thou may be my Shakespeare"

Caverened in the by-world You and I have come to unfurl One last glimpse at my greasy curl Before I withdraw from the frame And build a new path to my fame

"What fame?" you ask -The sky before you and I That we penetrate together In our utter inner peace Fame of fortune beyond belief Some say love - that is too deep For the emancipating relief Suffered together in our hive The drone and queen of life

And is it all a dream? For then it may be a wish That dreams come true For me and for you Whether held by peanuts That hang from swinging trees Where coconuts beat up monkeys And guerillas pull out guns To splatter bullets at our knees

We plunder on in the jargin of our jungle We could be Tarzan Or maybe just two junkies!

I question then what we love Is it in our breeches? "No, my dear, it is under there -You know how we make reaches!"

"I do, I do. That is true You and I know the thigh From the bone that canes And the chestnut's chains -It is more than a count It is an ocean and two countries."

## What Is Insanity Anyway?

When one is psychologically assessed Do shrinks really know best? Aren't we all bordering on madness? And if it were to come to a test We could use "saneful" past experience To fib our way with use of disks; Programmed minds of what is right Would get us "normal" people out And everyone would be rejoicing Relieved to accept us as "sane" again

A psychological assessment Is really relative to time And the current situation Madness is just bad luck -To lose it in public And so get nicked And not like everyone else In the safety of their bed Not church or town or work But who privately flip at home instead

# Anna... With One Kiss

This baby tells me everything She only lived nine months Her mother was amazing She was dying all her life And is she finally dead Beside her sister once again?

Anna, the queen of creamed cheese, The Swedish delight My quest for her ruined, A girl sweeter than sin

The Swedish touch The beauty of life's wilderness In a kiss Exploding out of disaster Out of the garbage can Into my spiritual arms For that was all I had to give.

Nervously remembering the abuse I get down on my hands and knees Dying to take her out of this With one kiss.